

Next, one Our Father is to be said in honor of each of the

By the intercession of Saint Michael and the celestial Choir of Angels, may the Lord grant us to be protected by them in this mortal life and conducted in the life to come to Heaven. *Amen.*

By the intercession of Saint Michael and the celestial Choir of Archangels, may the Lord give us perseverance in faith and in all good works so we may attain the glory of Heaven. *Amen.*

By the intercession of Saint Michael and the celestial Choir of Principalities, may God fill our souls with a true spirit of obedience. *Amen.*

By the intercession of Saint Michael and the celestial Choir of Virtues, may the Lord preserve us from evil and falling into temptation. *Amen.*

By the intercession of Saint Michael and the celestial Choir of Powers, may the Lord protect our souls against the snares and temptations of the devil. *Amen.*

By the intercession of Saint Michael and the celestial Choir of Dominions, may the Lord give us grace to govern our senses and overcome any untruly passions. *Amen.*



following leading Angels: Saint Michael, Saint Gabriel, Saint Raphael and our Guardian Angel.

CONCLUDING PRAYER

O glorious prince Saint Michael, chief and commander of the heavenly hosts, guardian of souls, vanquisher of rebel spirits, servant in the house of the Divine King and our admirable conductor, you who shine with excellence and superhuman virtue deliver us from all evil, who turn to you with confidence and allow us by your gracious protection to serve God more and more every day faithfully.

Pray for us, O glorious Saint Michael, Prince of the Church of Jesus Christ, that we may be made worthy of His promises.

Almighty and Everlasting God, Who, by a prodigy of goodness and a merciful desire for the salvation of all men, has appointed the most glorious Archangel Saint Michael Prince of Your Church, make us worthy, we ask You, to be delivered from all our enemies, that none of them may harass us at the hour of death, but that we may be conducted by him into Your Presence. This we ask through the merits of Jesus Christ Our Lord. *Amen.*



By the intercession of Saint Michael and the celestial Choir of Thrones, may the Lord infuse into our hearts a true and sincere spirit of humility. *Amen.*

By the intercession of Saint Michael and the celestial Choir of Cherubim, may the Lord grant us the grace to leave the ways of sin and run in the paths of Christian perfection. *Amen.*

By the intercession of Saint Michael and the celestial Choir of Seraphim, may the Lord make us worthy to burn with the fire of perfect charity. *Amen.*

Then pray one 'Our Father' and three 'Hail Marys' after each of the following nine salutations:
Glory be to the Father... etc.

O God, come to my assistance. O Lord, make haste to help me.

THE PRAYER STARTS

O my God, I am heartily sorry for having offended Thee, and I detest all my sins, because I dread the loss of heaven and the pains of hell; but most of all because they offend Thee, my God, Who are all good and deserving of all my love. I firmly resolve, with the help of Thy grace to confess my sins, to do penance and to amend my life. *Amen.*

ACT OF CONTRITION



SAINT MICHAEL CHAPLET



This chaplet was given by Saint Michael to the Portuguese Carmelite nun Antonia d'Astonac. It was approved by Pope Pius IX. It starts with an act of contrition. Then there are nine salutations, one for each choir of angels, each one followed by an Our Father and three Hail Marys. These are followed by four Our Fathers, honoring Saints Michael, Gabriel, Raphael and the Guardian Angel. The chaplet concludes with a prayer to Saint Michael.